

2 Sept (apologies in advance: some changes may occur from time to time due to seasonal availability or unforeseen circumstances)

Allergens **are in bold**

~~Meat Free Monday 2 Sept~~

~~Tuesday 3 Sept~~

Without Meat Wednesday 4 Sept

Main: home-made nut-free pesto pasta with new potatoes and fine green beans

Pud: Greek yogurt and mango puree fruit Fool or fresh seasonal fruit

- **milk - gluten**

Thursday 5 Sept

Main: home-made Katsu chicken or egg curry

Sides: sticky Jasmine rice and steamed buttery seasonal cabbage and cauliflower

Pud: fresh seasonal fruit

gluten -

Friday 6 Sept

- **Main:** panko coated and baked, fresh local Haddock 'bites'

- **Sides:** skin on roasted wedges peas, **gherkins and pickled onions**

- **Pud:** home-made fruit crumble with drizzled dairy cream

- **gluten - lupin - milk**